the Little Lane Nursery

Week 1

Spring / Summer



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08:00-09:00	A selection of breakfast cereals – Rice Crispies, Cornflakes, Puffed Wheat, Shredded Wheat, Weetabix, Porridge Wholemeal Toast				
AM Snack	Fresh Fruit				
Lunch 11:30 - 12:00	**Pork Meatballs in Tomato Sauce with Penne Pasta and Minted Summer Vegetables**	**Breaded Cod with Potato Croquettes & Baked Beans**	**Chicken and Sweetcorn Bake & Broccoli**	**Cauliflower & Broccoli Pasta with Mixed Summer Vegetables**	**Chickpea Curry with Rice & Sweetcorn**
PM Snack	Breadsticks with Hummus & Vegetable Sticks - Milk	Greek Yoghurt with Apple Slices - Milk	Rice Cakes with Soft Cheese & Vegetable Sticks - Milk	Pitta Bread with Vegetable Sticks & Fresh Dip - Milk	Oatcakes with Cheese Cubes - Milk
High Tea 16:00	Ploughman's (Cheese, Crackers, Pickle, Ham, Vegetable Sticks, Cherry Tomatoes)	Wraps with a selection of fillings	Homemade Pizza with Cucumber sticks, sugar snap peas	Potato Salad with ham, and salad sticks	Wholemeal bread sandwiches with a selection of fillings and pepper sticks
Dessert	Selection of Fruit, Yoghurt Bar/ Smoothies/ Frozen Yoghurt Bar/ Homemade Puddings				

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Week 2

Spring / Summer



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08:00-09:00	A selection of breakfast cereals – Rice Crispies, Cornflakes, Puffed Wheat, Shredded Wheat, Weetabix, Porridge Wholemeal Toast				
AM Snack	Fresh Fruit				
Lunch 11:30 - 12:00	**Chicken Curry with White Rice & Sweetcorn**	**Macaroni cheese with & minted summer vegetables**	**Fishcakes with potato croquettes & baked beans**	**Chilli Con Carne with Baby Potatoes & Cauliflower**	**Chicken & Pasta in Tomato and Basil Sauce with Peas**
PM Snack	Scotch Pancakes with Strawberries - Milk	Breadsticks and Hummus - Milk	Toasted Fruit Loaf & Cheese Cubes - Milk	Toasted Pitta Fingers with Dip & Veg Sticks - Milk	Rice Cakes with Soft Cheese & Vegetable Sticks - Milk
High Tea 16:00	Cheese & Crackers with Pepper Sticks	Jacket Potato & Baked Beans	Wholemeal Rolls with Tuna Mayo	Cous-Cous Salad (Feta, Cucumber, Tomatoes, Chickpeas)	Wraps with a selection of filings
Dessert	Selection of Fruit, Yoghurt Bar/ Smoothies/ Frozen Yoghurt Bar/ Homemade Puddings				

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Week 3

Spring / Summer



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08:00-09:00	A selection of breakfast cereals – Rice Crispies, Cornflakes, Puffed Wheat, Shredded Wheat, Weetabix, Porridge Wholemeal Toast				
AM Snack	Fresh Fruit				
Lunch 11:30 - 12:00	**Hunters Chicken with Mashed Potato & Minted Summer Vegetables**	**Fajita Chicken Mix with Vegetable Rice & Vegetable Medley**	**Potato, Cheese & Leek Bake with Cut Green Beans**	**Lamb Burgers with Sauté Potatoes & Sweetcorn**	**Fish Goujons with Potato Wedges & Peas**
PM Snack	Pitta Fingers with Fresh Dip - Milk	Oatcakes with Soft Cheese and Vegetable Sticks - Milk	Greek Yoghurt and Pear Slices - Milk	Toasted Fruit Loaf with Cheese Cubes - Milk	Crackerbread with Avocado Dip - Milk
High Tea 16:00	Tuna Mayo on Wholemeal Bread	Homemade Pizza with Vegetable Sticks	Beans on Toast with Cucumber Sticks	Mini Pitta Pockets with a selection of fillings with the Vegetable sticks	Cold Pasta Salad, Pepper, Sweetcorn and Cheese
Dessert	Selection of Fruit, Yoghurt Bar/ Smoothies/ Frozen Yoghurt Bar/ Homemade Puddings				

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Week 4

Spring / Summer



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 08:00-09:00	A selection of breakfast cereals – Rice Crispies, Cornflakes, Puffed Wheat, Shredded Wheat, Weetabix, porridge Wholemeal Toast				
AM Snack	Fresh Fruit				
Lunch 11:30 - 12:00	**Sweet and Sour Chicken with Basmati Rice & Broccoli**	**Beef Lasagne with Sauté Potatoes & Cauliflower**	**Breaded Chicken with Golden Roast Potatoes and Mixed Vegetables**	**Salmon and Broccoli Bake with Boiled Potatoes & Peas**	**Penne Pasta in Tomato & Basil sauce and Cut Green Beans**
PM Snack	Greek Yoghurt with Apple Slices - Milk	Breadsticks with Dip & Vegetable Sticks - Milk	Toasted Pitta Fingers with Fresh Dip & Vegetable Sticks - Milk	Berries and Cheese Cubes - Milk	Rice Cakes with Soft Cheese & Vegetable Sticks - Milk
High Tea 16:00	Sandwich Thins with a Selection of Fillings & Vegetable Sticks	Crumpets with Cheese & salad sticks	Potato Salad with Ham & Egg	Jacket Potato with Chicken Mayo	Wraps with a Selection of Fillings & Veg Sticks
Dessert	Selection of Fruit, Yoghurt Bar/ Smoothies/ Frozen Yoghurt Bar/ Homemade Puddings				